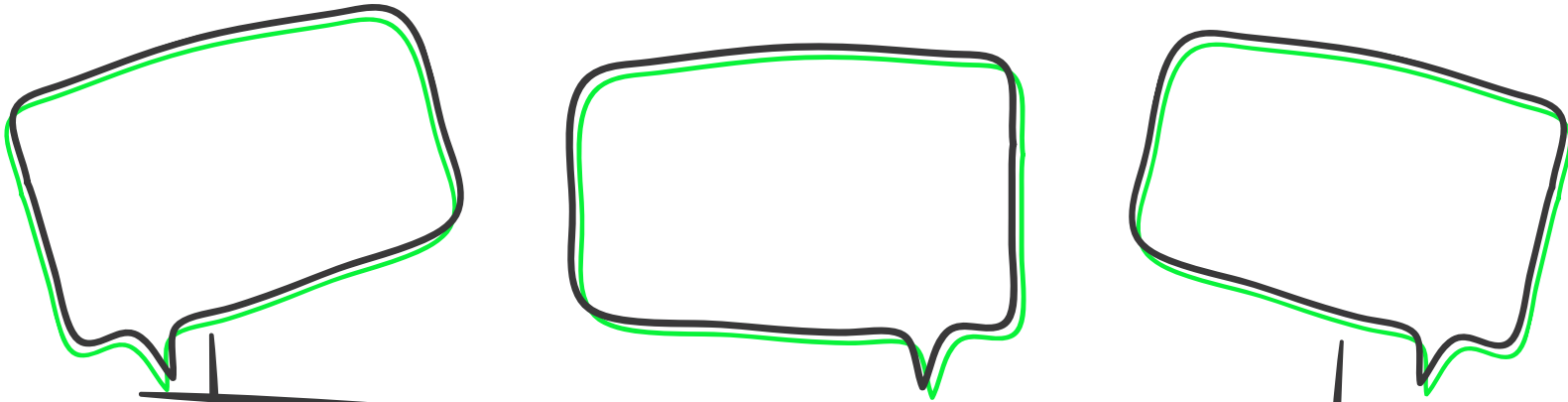


WINOBLE ONE

CONSCIOUS COACHING

I AM...

Draw or place an image, archetype, or symbol representing you as the highest version of yourself...The Noble One. In each of the bubbles write what you will believe about yourself for this to be your new truth.



IT'S A BEHAVIOR



I AM...

WRITE EACH NEW BELIEF FROM ABOVE AND IMAGINE YOUR MOST NOBLE SELF

BELIEF 1

What will your life look like?

How will you feel with this new belief ?

BELIEF 1

What will your life look like?

How will you feel with this new belief ?

BELIEF 1

What will your life look like?

How will you feel with this new belief ?

IT'S A BEHAVIOR



I AM...

Write "I AM" statements affirming your NEW BELIEFS
Place them anywhere as a reminder you were born NOBLE!

I AM...

I AM...

I AM...

I AM...

I AM...

I AM...

IT'S A BEHAVIOR